

PINE VALLEY

Bible Conference Center

Pine Valley Bible Conference Center P.O. Box 400 Pine Valley, CA 91962 619.473.8879 www.pvbc.net

August 2011

Women's Ministry

a Purpose & a Plan

You are a masterpiece, created by God with a purpose and a plan. Best part is that plan was designed especially for you and you were designed especially for the plan. In other words, God created you to do good things AND he created you to be good at certain things. It all works together. That's how God works.¹



The Lord's ways and thoughts are much higher than ours.² He sees and knows all without moving through time.³ Not only does he see the big picture, he created it. Knowing that is a relief, because we don't have to strive or struggle or scrape by. We are free to run and laugh and dance to the rhythm of the song our Lord and Savior is singing over us.⁴

Which begs the question, why are you not running and laughing and dancing? What's holding you back or tying you down? What is it that you're afraid of? Do you fear being alone, not being accepted, being left out or left behind?



As God's daughters, we do not have to be afraid. Our Heavenly Father is also our protector, our comforter, our defender and friend.⁵ To God, you are a work of art, a delight, his daughter for whom he has good things planned.⁶



¹Ephesians 2:10; Romans 12:2 ²Isaiah 55:8-9 ³Psalms 139:7-10; Acts 15:18 ⁴Zephaniah 3:17 ⁵Psalms 91; Matthew 5:4; Jeremiah 8:18; John 15:15 ⁶Zephaniah 2:8; Psalms 149:4; Jeremiah 29:11



Raising Daughters

Every little girl is asking a question and it goes something like, "Am I lovely?" or "Do you delight in me?" or "Am I captivating?" Direct them to God and answer them, "Yes!" In every way you can.



Delight in her beauty; in her unique personality. Know her. Become a student of your daughter's heart. Watch for her interests, her gifts, her talents. Encourage her. Play with her! Pray for her.



Raising Sons

Every boy is asking a question, too, different than a little girl's, but core to his heart. And it goes something like, "Do I have what it takes?" or "Am I strong?" or "Am I a real man?" Direct him to God and partner with God in answering it, "Yes!"

The answer for mothers with adolescent sons is ... smile a lot. When they do things that irritate you - and they will - smile. You may want to come down on them, but what they need from you is mercy.

i am Your identity as a mother and as a woman is not based on your children. It is not based on other people's opinion of you. It is solely based on your belonging to the God of the Universe who loves you with an everlasting love.

from *You Are Captivating: Celebrating a Mother's Heart*,
by Stasi Eldredge

Communication Skills to Last a Lifetime: Active Listening

At the mother - daughter retreat, Leslie Dilbeck and Tammy Porath led a workshop that focused on healthy ways to communicate, specifically active listening. Here are a few ways to show someone you are hearing them, not only with your head, but also with your heart. Remember, old habits are hard to break, so be patient with yourself as well as others.

- Face the person talking.
- Maintain eye contact, but don't make it a stare down.
- Don't interrupt, even if you are being criticized.
- Prevent misunderstandings by clarifying what you hear.
- Keep an open mind.

The one who gives an answer before he listens - this is foolishness and disgrace for him. - Proverbs 18:18
"Seek first to understand, then to be understood." St. Francis of Assisi

Polar Bear Splash

Change in Seasons. Same Family Fun.



Saturday, November 26, 2011

Activities start at 10 am

Lunch at 12 pm

SATURDAY ACTIVITIES

Zip Line • Crafts
Gingerbread Contest
Outdoor Activities
Family Talent Show

OVERNIGHT OPTION (additional cost)

Friday Evening Concert
Games • Food
Limited Lodging Available

\$10/person or \$25/family of 5 or less. \$5 for each additional family member. Additional cost for overnight stay.
To register contact Teri@pvbc.net • 619.415.9466