

PINE VALLEY

Bible Conference Center

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JUNE 2011

Women's Ministry

Mother - Daughter Weekend 2011



Judy Scharfenberg - God's mercy "wrapped around me like a blanket. He was in charge of my security. My old life was outta here. My new life had begun!"



Dawn Wilson - Because of God's mercy, "I was no longer a thief, but a much loved daughter. By receiving mercy from God and living in God's mercy, God is glorified and His mercy is displayed to others."



Relationship Pedicure

Moisturize, exfoliate, tone up, and slim down. Looking good is hard work. Maintaining healthy relationships is hard work, too. Here are a few tips for shaping your mother-daughter relationship into something Christ-like and beautiful.

Remove expectations from the relationship - Take each other just like you are, human and flawed. Jesus didn't lace his relationships with expectations and neither should we.

Soak the relationship in prayer - Pray boldly, specifically, and persistently. Read Luke 11:5-13 for Jesus' parable about this kind of prayer.

Smooth away the rough spots - Sometimes the best pumice stone for a healthy relationship is an honest and sincere apology.

Buff with words of praise - What do you like about her? What do you respect or admire in her? Choose words that celebrate the beauty God created in her.

Apply a coat of unconditional love - The key to a Christ-like relationship is to love as Christ loves us. No holds barred. No strings attached. Limitless and absolute.



Getting Tea'd Off

Mother-daughter tea time is a great way to drink in God's blessings. Just remember, the most important ingredient is not the tea, but the time spent together.

Go simple. You don't have to do gourmet to enjoy time with each other. Whip up some iced tea or lemonade then serve with your favorite sandwich. Make prep time part of the fun by doing it together.



Go someplace different. Savor the view from your porch, spread a

blanket in the yard, or picnic on your goodies at the park or beach. It doesn't matter where you go, only that you're there together.

Go unplugged to reconnect. Using fancy teacups is optional for mother-daughter tea time. Using good listening skills is not. Quality time happens when you give your undivided attention to someone. No texting, phone calls, or TV. That goes for both moms and daughters.



Honey Raspberry Iced Tea

6 cups Cran-Raspberry Juice
1 cup Tea, Freshly Brewed
2 Tbsp. Honey
Frozen Raspberries

In a large, heat-proof pitcher, whisk together all ingredients until thoroughly combined and honey is dissolved. Chill until ready to serve. Just before serving add frozen raspberries.

Mother - Daughter Blessing

During the mother - daughter retreat, Debee Trant spoke about the influence of the soul (our mind, will, and emotions) on our relationships. Here are some brief points Debee made to encourage us to rid the soul of curses and turn them into blessings.

Pinpoint the "Curse"

The curse, or negativity, within a relationship can stem from a variety of aspects such as being critical or judgmental, holding a grudge, or having a sense of resentment. All of these are of the world, not Christ.

Consider the Curse's Opposite

If the curse relates to criticism, consciously do the opposite - praise. It may be difficult at first, but you will find it gets easier and easier the more you do it. Any curse can turn into a blessing if you let it.

Pray for Love

Without God's help, you will fall right back into your old ways. Lamentations 3:22-23 reminds us that the Lord's compassions never fail. They are new every morning. So pray that God will show you how to love like He does.

Take the Challenge

Once you have prayed and thought about which aspect of your relationship needs mending, act on your knowledge. Actively reverse any negativity in your relationship by blessing your mother/daughter. God's path of righteousness, not our own, will bring peace.

